



ISLAM

Key Concepts: Commitment

"A pledge or an undertaking"

Associated concepts: Prayer, fasting, pilgrimage



Learning Focus (Gwella Section 50)

To develop opportunities for learners to reflect on and respond to beliefs, values and profound human experiences from a range of faith perspectives.

To develop an understanding and respect of difference and diversity within the school community, local, national and global faith communities



Encounter

Split the class into three groups. Using provided materials or independent research ask each group to find out as much information as they can about:

- 1 - Fasting during Ramadan
- 2 - Pilgrimage to Mecca
- 3 - Prayer

Ask each group to feedback their findings. Ask the rest of the class to think of five key words that may be used to describe the attributes associated with each thing. For example Prayer - concentration, focus, commitment, awareness, routine.

Are there words that link all three of these things? Discuss why these attributes are needed.



Reflect

Can you think about a commitment someone might make? Are there any examples from Christianity or other religions? Discuss faith as a commitment. Why do people make commitments? What are the challenges? What are the benefits?



Transform

Identify a commitment that could make a positive change in your life. Make a promise to yourself that you will stick to that commitment. You might like to write it down somewhere so that you can be reminded of it every day. You can choose to share your commitment with people that will encourage you such as your friends or your teacher or you might like to keep it to yourself.

What can I commit to that will make a positive change in my life?