

Rogationtide - Activities and prayers for all ages

Each area has 3 elements:

Activity
Reflection
Prayer

Things you will need:

Something to plant – seeds, bulbs etc.
Somewhere to plant – garden or pot
A small bowl of water
A pet, toy or picture of a friend

You may wish to dig the ground in advance for children.

Give praise for nature

Go and stand in your garden or somewhere outside. What can you see in nature? Can you find something with each of the colours of the rainbow? Can you hear anything?

Think about all the wonderful things that God has created for us.

Blessed are you Lord God of all creation,
We give you thanks for the colours and sounds of nature, the beauty of trees and flowers, of birds and every living thing.
Blessed be God forever.

Give praise for soil and labour

Go to your planting space and start digging the soil with your hands. How does it feel? Make a hole in the soil ready to plant in. Now look at your hands; what do you see?

Think about all the people who plant, pick, transport and sell all the food that we eat.

Blessed are you Lord God of all creation,
We give you thanks for the soil of the earth, for the work of human hands that cultivate the soil. We give thanks for the crops that feed us.
Blessed be God forever.

Give praise for the seed

Take some seed (or bulbs) in your hand. What do they look and feel like? Plant your seeds (or bulbs) in the hole and cover them over with soil.

Think about how seeds spread and grow. How can we be seed sowers for Jesus?

Blessed are you Lord God of all creation,
We give you thanks for the seeds that grow on good soil, for the flourishing of your creation and the sustenance you provide for us.
Blessed be God forever.

Give praise for water

Put your hands in some water. How does it feel? Pour some from your hand back into the bowl and hear the sound it makes. Then use some to water your seeds.

Think about how much we need water and how we use it - to drink, to wash, to play...

Blessed are you Lord God of all creation,
We give you thanks for water, for all life sustained by it, for all that grows, lives, moves, and has its being, for the water of life given in abundance.
Blessed be God forever.

Give praise for life

Look at your pet, toy or picture of a friend. What do you love about them?

Think about the joy animals and friends bring to people's lives. Think about what our world would be like without them.

Blessed are you Lord God of all creation,
We give you thanks for all that lives and breathes on the earth, for people, animals, and for the beauty, colour and diversity throughout creation.
Blessed be God forever.

Give praise for the harvest

Look at the variety of food you have in your kitchen or garden. What is your favourite thing to eat and why?

Think about how lucky we are to have so much food available. Think about those who go hungry and go without.

Blessed are you Lord God of all creation
We give you thanks for all that you have provided for us, for all that feeds and nourishes us in body, mind, and soul.
Blessed be God forever

As we remember your many gifts to us, may we never become ungrateful for the blessings we receive.

Shout out loud "Thank you!"

And as we receive in joy, so may we give joyfully to all in need. Amen