



A P O C K E T G U I D E T O

A D V E N T

WHAT IS ADVENT?

1

Advent is the 24 days leading up to Christmas when we pray and prepare for the feast of Christmas and the birth of Jesus.

For Christians it is the start of the Church's year.

WHAT ARE WE LOOKING FORWARD TO?

2

In Advent we look forward to the 3 things:

- The birth of Jesus.
- The second coming of Jesus.
- The coming of Jesus into our hearts.

WHAT DO THE CANDLES ON THE ADVENT WREATH REPRESENT?

3

The candles in the wreath can represent many things but the most popular is

1. Purple- Patriarchs (Abraham etc)
2. Purple- Prophets (Isaiah etc)
3. Rose/Pink John the Baptist
4. Purple - the Virgin Mary
5. White - Jesus

WHY PURPLE?

4

The church uses the colour purple to symbolise penitance, preparation and remembering. Although not as penitential as Lent, Advent is a time to reflect upon our spiritual journeys and think about our spiritual growth. It is also a time to prepare for the coming of Jesus, and a time of joy which makes Advent a much lighter season than Lent.

Some churches will go rose (pink) on the 3rd Sunday of Advent. This is a refreshment day when people can relax their fast a bit as a reminder that the penitential season is almost over.

ESGOBAETH LLANDAF
LLE MAE FFYDD
YN CYFRIF



DIOCESE OF LLANDAFF
**WHERE FAITH
MATTERS**